Hasseltse 200m 2026: Session: 2: COACH evaluation sheet for TEAM: LWB

Coachinfo: Warming up from: 13:00 untill 13:50. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Mannaerts Hans HEADCOACH

PB => Personal Best time **SB => Seasons Best time: Season starting point: first of September.**

Event number: 7: 200M FREESTYLE WOMEN 11+ Heat:5, starttime: 14:16

Heat: 5/12 Lane : 8 Athlete: MANNAERTS ROSANNE **Q-time: 02:58:25**

PB (25m pool): 02:58.25 Bilzen 25/01/2026 **PB (50m pool):** no time **SB:** no time

	25M	50M	75M	100	125	150	175	200M
PB		00:38.18		01:24.11		no time		02:58.25
		00:38.18		*00:45.93*				
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 7: 200M FREESTYLE WOMEN 11+ Heat:7, starttime: 14:23

Heat: 7/12 Lane : 8 Athlete: MICHIELS ANS **Q-time: 02:40:77**

PB (25m pool): 02:40.77 3500 Hasselt 20/10/2024 **PB (50m pool):** no time **SB:** no time

	25M	50M	75M	100	125	150	175	200M
PB		00:35.63		01:16.38		01:59.22		02:40.77
		00:35.63		*00:40.75*		*00:42.84*		*00:41.55*
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 8: 200M FREESTYLE MEN 11+ Heat:2, starttime: 14:46

Heat: 2/11 Lane : 8 Athlete: MANNAERTS MARTIJN **Q-time: 99:99:99**

PB (25m pool): no time **PB (50m pool):** no time **SB:** no time

	25M	50M	75M	100	125	150	175	200M
PB		no time		no time		no time		no time
		no time						
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Hasseltse 200m 2026: Session: 2: COACH evaluation sheet for TEAM: LWB

Event number: 8: 200M FREESTYLE MEN 11+ — Heat:7, starttime: 15:04

Heat: 7/11 Lane : 8 Athlete: JANSSEN LANDER — **Q-time: 02:26:98**

PB (25m pool): 02:32.69 Pelt 06/10/2024 **PB (50m pool):** no time **SB:** no time

	25 M	50 M	75 M	100	125	150	175	200 M
PB		no time		no time		no time		02:32.69
		no time						
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 8: 200M FREESTYLE MEN 11+ — Heat:8, starttime: 15:07

Heat: 8/11 Lane : 4 Athlete: MANNAERTS MATHIAS — **Q-time: 02:13:19**

PB (25m pool): 02:13.19 Hasselt 04/10/2026 **PB (50m pool):** 02:21.30 **SB:** 02:13.19 Hasselt 04/10/2026

	25 M	50 M	75 M	100	125	150	175	200 M
PB		00:30.73		01:04.79		01:39.59		02:13.19
		00:30.73		*00:34.06*		*00:34.80*		*00:33.60*
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 12: 200M BACKSTROKE MEN 11+ — Heat:6, starttime: 16:43

Heat: 6/8 Lane : 4 Athlete: JANSSEN LANDER — **Q-time: 02:25:80**

PB (25m pool): 02:26.26 3500 Hasselt 23/11/2025 **PB (50m pool):** 02:25.80 **SB:** no time

	25 M	50 M	75 M	100	125	150	175	200 M
PB		00:35.54		01:13.26		01:51.50		02:26.26
		00:35.54		*00:37.72*		*00:38.24*		*00:34.76*
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 12: 200M BACKSTROKE MEN 11+ — Heat:6, starttime: 16:43

Heat: 6/8 Lane : 5 Athlete: MANNAERTS MATHIAS — **Q-time: 02:25:82**

PB (25m pool): 02:30.10 Mol 28/12/2025 **PB (50m pool):** 02:25.82 **SB:** no time

	25 M	50 M	75 M	100	125	150	175	200 M
PB		00:35.69		01:14.23		01:52.67		02:30.10
		00:35.69		*00:38.54*		*00:38.44*		*00:37.43*
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback: